


# The support service for the automotive industry

## We're here for you

Contact our free & confidential helpline team:

 08081 311 333

 [supportservices@ben.org.uk](mailto:supportservices@ben.org.uk)

 [www.ben.org.uk](http://www.ben.org.uk)

Monday to Friday 8am - 8pm

For out of hours support

 text **BEN** to **85258**

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Industry



Support for life