

Life coaching and money - social posts

Worrying about money has probably affected us all at one time or another, and with living costs rising at their fastest rate for 30 years now is a good time for all of us to take control of our finances.

Our **free** life coaching service is here to help. Working with one of our trained coaches can change our relationship with money, putting us in a better position to be in control of our finances now and in the future. Help us increase awareness of our free Life Coaching service, so more people can maximise their potential and reach their goals.

Please help us spread the word to help reach those that might need some extra support. Feel free to copy and paste the text below and use it with our images. Make sure to tag us in so that people know we're here to help.

Twitter:

Reach your financial goals with **@BenSupport4Auto**'s free life coaching service.

Life coaching can help change our relationship with money, putting us back in control of our finances now and in the future.

Start your life coaching journey today 🖱️ <https://bit.ly/3tOCjR1>

Facebook:

Reach your financial goals with **@Ben - Support for Life**'s free life coaching service.

Life coaching can help provide the tools needed to change our relationship with money, putting us back in control of our finances now and in the future.

Start your life coaching journey today 🖱️ <https://bit.ly/3tOCjR1>

Money worries are one of the biggest reasons why people ask Ben for help. If you're struggling, don't suffer in silence - call Ben's free and confidential helpline on 08081 311 333 (Mon-Fri 8am-8pm).

LinkedIn:

Reach your financial goals with **@Ben Automotive Industry Charity's** free life coaching service.

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Instagram:

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Here are some # that you can add to the end of your posts:

#Money

#LifeCoaching

#AutomotiveFamily

#Support

#Support4Auto

#Support4Life

#Automotive